

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**January 2019**

**VILLA AT CASTRO VALLEY**

<p>8:40 Room Visit <b>1</b> 9:00 - 4:00 Doctor's Visit 9:10 Bend &amp; Stretch 9:45 Trivia 10:30 Happy Hour w/ 10:45 Arts &amp; Crafts 1:30 Coloring 3:00 Bingo Royal 4:15 Patriotic Songs <small>New Year's Day</small></p>	<p>9 - 4 Doctor's Visit <b>2</b> 9:10 Exercise 9:45 Trivia 10:10 Morning Social 10:45 Dance Therapy 1:30 Puzzles and Crafts w/ Richard &amp; Nancy 2:00 Word Search 3:00 Bingo Fun 4:15 Singing</p>	<p>9:10 Sit &amp; Stretch <b>3</b> 9:45 Proverb Time 10:10 Crackers &amp; Fruits 10:30 Group Singing w/ Pastor Abraham 10:45 Entertainment Patricia - Piano 1:45 Aromatherapy 3:00 Bingo Royal 4:15 Walk About</p>	<p>8:45 Morning News <b>4</b> 9:10 Exercise 9:45 Current Events 10:10 Healthy Snack 10:40 Faces &amp; Places 11:20 Bowling 1:30 Cooking Class 3:00 Bingo Fun 4:15 Walk About</p>	<p>7:30 Beauty Detective <b>5</b> 9:10 Sit &amp; Bend 9:45 Spotting Games 10:10 Healthy Snack 10:45 Parachute 1:30 Arts &amp; Crafts 2:15 Make Up Demo 3:00 Bingo Royal 4:15 Afternoon Stretch</p>		
<p>9:00 Morning Gratitude <b>6</b> 9:30 Communion Mass w/ Lady of Grace Church 10:10 Bend &amp; Stretch 10:45 Coffee &amp; Donuts 11:15 Flower Arranging 12:00 Sunday Afternoon NFL Football Wild Card 3:45 Singing 4:20 Walk About</p>	<p>8:30 Morning News <b>7</b> 9:10 Sit &amp; Be Fit 9:45 Spotting Games 10:15 Healthy Snack 10:45 Entertainment with Yakov - Violin 1:30 Manicure 3:00 Bingo Rama 4:15 Sing-a-long</p>	<p>8:40 Room Visit <b>8</b> 9:00 - 4:00 Doctor's Visit 9:10 Bend &amp; Stretch 9:45 Trivia 10:10 Coffee &amp; Juice 10:45 Arts &amp; Crafts 1:30 Coloring 3:00 Bingo Royal 4:15 Patriotic Songs</p>	<p>9 - 4 Doctor's Visit <b>9</b> 9:10 Exercise 9:45 Trivia 10:10 Morning Social 10:45 Dance Therapy 1:30 Puzzles and Crafts w/ Richard &amp; Nancy 2:00 Word Search 3:00 Bingo Fun 4:15 Singing</p>	<p>9:10 Sit &amp; Stretch <b>10</b> 9:45 Proverb Time 10:10 Crackers &amp; Fruits 10:30 Group Singing w/ Pastor Abraham 10:45 Jewelry Making 1:45 Aromatherapy 3:00 Bingo Royal 4:15 Walk About</p>	<p>8:45 Morning News <b>11</b> 9:10 Sit &amp; Be Fit 9:45 Current Events 10:10 Fruits &amp; Juice 10:45 Proverb Time 11:20 Balloon toss 1:30 Cooking Demo 3:00 Bingo Fun 4:15 Patriotic Songs</p>	<p>7:30 Beauty Detective <b>12</b> 9:10 Sit &amp; Bend 9:45 Spotting Games 10:10 Healthy Snack 10:45 Parachute 1:30 Arts &amp; Crafts 2:15 Make Up Demo 3:00 Bingo Royal 4:15 Afternoon Stretch</p>
<p>9:00 Morning Gratitude <b>13</b> 9:30 Communion Mass w/ Lady of Grace Church 10:10 Bend &amp; Stretch 10:45 Coffee &amp; Donuts 11:15 Flower Arranging 12:00 Sunday Afternoon NFL Football Wild Card 3:45 Singing 4:20 Walk About</p>	<p>8:30 Morning News <b>14</b> 9:10 Sit &amp; Be Fit 9:45 Skip Counting 10:10 Coffee &amp; Juice 10:45 Price Is Right 1:30 Picture Cutting 2:00 Fancy Nails 3:00 Bingo Royal 4:15 Afternoon Stretch</p>	<p>8:40 Room Visit <b>15</b> 9:00 - 4:00 Doctor's Visit 9:10 Bend &amp; Stretch 9:45 Trivia 10:10 Coffee &amp; Juice 10:45 Arts &amp; Crafts 2:00 Residents Birthday Bash w/ Ciro Vargas 3:00 Bingo Royal 4:15 Patriotic Songs</p>	<p>9 - 4 Doctor's Visit <b>16</b> 9:10 Exercise 9:45 Trivia 10:10 Morning Social 10:45 Dance Therapy 1:30 Puzzles and Crafts w/ Richard &amp; Nancy 2:00 Word Search 3:00 Bingo Fun 4:15 Singing</p>	<p>9:10 Sit &amp; Stretch <b>17</b> 9:45 Proverb Time 10:10 Crackers &amp; Fruits 10:30 Group Singing w/ Pastor Abraham 10:45 Entertainment Patricia - Piano 1:45 Aromatherapy 3:00 Bingo Royal 4:15 Walk About</p>	<p>8:45 Morning News <b>18</b> 9:10 Sit &amp; Be Fit 9:45 Current Events 10:10 Fruits &amp; Juice 10:45 Proverb Time 11:20 Balloon toss 1:30 Cooking Demo 3:00 Bingo Fun 4:15 Patriotic Songs</p>	<p>7:30 Beauty Detective <b>19</b> 9:10 Sit &amp; Bend 9:45 Spotting Games 10:10 Healthy Snack 10:45 Happy Hour Sage Band 1:30 Arts &amp; Crafts 2:15 Make Up Demo 3:00 Bingo Royal 4:15 Afternoon Stretch</p>
<p>9:00 Morning Gratitude <b>20</b> 9:30 Communion Mass w/ Lady of Grace Church 10:10 Bend &amp; Stretch 10:45 Coffee &amp; Donuts 11:15 Flower Arranging 12:00 Sunday Afternoon NFL Football Wild Card 3:45 Singing 4:20 Walk About</p>	<p>8:30 Morning News <b>21</b> 9:10 Sit &amp; Be Fit 9:45 Skip Counting 10:45 Price Is Right 1:30 Picture Cutting 2:00 Fancy Nails 3:00 Bingo Royal 4:15 Afternoon Stretch  <small>Martin Luther King Day Tu B'Shevat</small></p>	<p>8:40 Room Visit <b>22</b> 9:00 - 4:00 Doctor's Visit 9:10 Bend &amp; Stretch 9:45 Trivia 10:10 Coffee &amp; Juice 10:45 Arts &amp; Crafts 1:30 Coloring 3:00 Bingo Royal 4:15 Patriotic Songs</p>	<p>9 - 4 Doctor's Visit <b>23</b> 9:10 Exercise 9:45 Trivia 10:10 Morning Social 10:45 Dance Therapy 1:30 Puzzles and Crafts w/ Richard &amp; Nancy 2:00 Word Search 3:00 Bingo Fun 4:15 Singing</p>	<p>9:10 Sit &amp; Stretch <b>24</b> 9:45 Proverb Time 10:10 Crackers &amp; Fruits 10:30 Group Singing w/ Pastor Abraham 10:45 Jewelry Making 1:45 Aromatherapy 3:00 Bingo Royal 4:15 Walk About</p>	<p>8:45 Morning News <b>25</b> 9:10 Sit &amp; Be Fit 9:45 Current Events 10:10 Fruits &amp; Juice 10:45 Proverb Time 11:20 Balloon toss 1:30 Cooking Demo 3:00 Bingo Fun 4:15 Patriotic Songs</p>	<p>7:30 Beauty Detective <b>26</b> 9:10 Sit &amp; Bend 9:45 Spotting Games 10:10 Healthy Snack 10:45 Parachute 1:30 Arts &amp; Crafts 2:15 Make Up Demo 3:00 Bingo Royal 4:15 Afternoon Stretch</p>
<p>9:00 Morning Gratitude <b>27</b> 9:30 Communion Mass w/ Lady of Grace Church 10:10 Bend &amp; Stretch 10:45 Coffee &amp; Donuts 11:15 Flower Arranging 12:00 Sunday Afternoon NFL Football Wild Card 3:45 Singing 4:20 Walk About</p>	<p>8:30 Morning News <b>28</b> 9:10 Sit &amp; Be Fit 9:45 Skip Counting 10:45 Price Is Right 1:30 Picture Cutting 1:45 Reflection Tour 2:00 Fancy Nails 3:00 Bingo Royal 4:15 Afternoon Stretch  <small>Australia Day (observed)</small></p>	<p>8:40 Room Visit <b>29</b> 9:00 - 4:00 Doctor's Visit 9:10 Bend &amp; Stretch 9:45 Trivia 10:10 Coffee &amp; Juice 10:45 Arts &amp; Crafts 1:30 Coloring 3:00 Bingo Royal 4:15 Patriotic Songs</p>	<p>9 - 4 Doctor's Visit <b>30</b> 9:10 Exercise 9:45 Trivia 10:10 Morning Social 10:45 Dance Therapy 1:30 Puzzles and Crafts w/ Richard &amp; Nancy 2:00 Birthday Bash Staff 3:00 Bingo Fun 4:15 Singing</p>	<p>9:10 Sit &amp; Stretch <b>31</b> 9:45 Proverb Time 10:10 Crackers &amp; Fruits 10:30 Group Singing w/ Pastor Abraham 10:45 Jewelry Making 1:45 Aromatherapy 3:00 Bingo Royal 4:15 Walk About</p>	<p><b>HAPPY BIRTHDAY</b>  Toshiye H. 1/1 Kazuko W. 1/2 Irene A. 1/4 Harry C. 1/13 Shirley B. 1/14 Carol M. 1/16</p>	